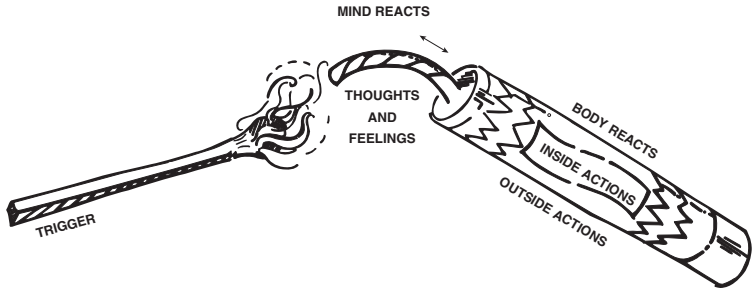
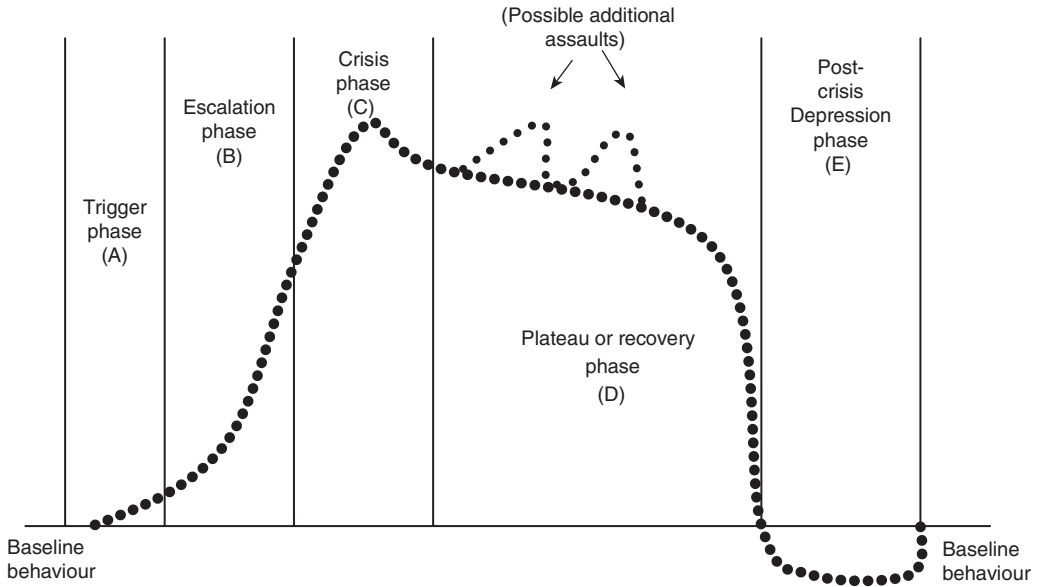


# Appendix 2 Anger Models



The Firework Model (Adapted from Novaco's model for Anger Arousal in Feindler & Ecton 1986)



The Assault Cycle (from *Coping with Aggressive Behaviour*, Breakwell 1997)